



October



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30-Sep French Dip or Chicken Nuggets French Fries Salad Cookie	1-Oct Ultimate Nachos or Chicken Quesadilla Corn Lettuce & Tomato Churro	2-Oct Cheesy Bacon Tots or Apple & Tenders Salad Side Item Brownie Bite	3-Oct BBQ Pork Sandwich or Boneless Wings Coleslaw Potato Chips Chocolate Pudding	4-Oct Pizza Night Mac & Cheese Bites or Mini Corn Dogs Potato Wedges Veggie Salad Side Item
7-Oct Ham & Cheese Melt or Dino Chicken Nuggets French Fries Veggies & Ranch Cookie	8-Oct Beef Burrito or Chicken & Potato Burrito Spanish Rice Applesauce Cinnamon Bite	9-Oct 3-Meat Pizza or Cheese Pizza Salad Side Item	10-Oct 1/2 Day No Hot Lunch	11-Oct Fall Break No School
14-Oct Fall Break No School	15-Oct Roast Beef Philly or Chicken Tenders French Fries Salad Cookie	16-Oct Beef Tacos or Chicken Tacos Chips & Salsa Corn Churro	17-Oct Bookfair Sweet & Sour Chicken or Veggie Egg Rolls Rice Oranges Yogurt	18-Oct Beef Lasagna or Veggie Lasagna Salad Garlic Toast Side Item
21-Oct Hamburger or Chicken Nuggets French Fries Veggies & Ranch Cookie	22-Oct Bookfair@lunch Mac & Cheese or Chicken Penne Alfredo Salad Garlic Toast Side Item	23-Oct Chicken Nachos or Beef Chimi Fruit Lettuce & Tomato Churro	24-Oct P/T Conferences 1/2 Day - No Lunch	25-Oct P/T Conferences No School
28-Oct Beef & Cheddar Wrap or Chicken Tenders French Fries Salad Cookie	29-Oct Bacon & Eggs or Breaded Chicken Waffle Fruit Yogurt	30-Oct Hot Dog or Popcorn Chicken Fruit Baked Beans Popsicle	31-Oct Chili or Chicken Noodle Soup Tater Tots Salad Cinnamon Roll	1-Nov Pepperoni Pizza or Cheese Pizza Veggies & Ranch Side Item

October Salad Option - \$7.50 Caesar Chicken Salad

Grilled chicken, mixed greens, cheese stick, bacon, parmesan crisps, chips, Caesar dressing.

Grab & Go Option - MS/HS Students only - \$7.50 Asian Noodle Bowl

Includes choice of noodle bowl, veggies, fruit, cheese stick, chips and cookie.