



October



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|--|
| 2-Oct French Dip or Chicken Nuggets Potato Wedges Veggies & Ranch Cookie | 3-Oct Grilled Cheese & Tomato Soup or Grilled Turkey & Swiss Sandwich Potato Chips Salad Brownie | 4-Oct Ranch Tender Wrap or Ultimate Nachos Chips & Cheese Apple Slices Cinnamon Bite | 5-Oct Sloppy Joe or Fish Sandwich Tater Tots Coleslaw Chocolate Pudding | 6-Oct Sausage Pizza or Cheese Pizza Veggie Salad Side Item |
| 9-Oct Cheeseburger or Chicken Tenders French Fries Veggies & Ranch Cookie | 10-Oct Beef Burrito or Chicken Enchiladas Lettuce & Tomato Chips & Cheese Churro | 11-Oct Eggs & Bacon or Ham, Egg & Cheese Bagel Potato Triangle Orange Yogurt | 12-Oct 1/2 Day Fall Break No Lunch | 13-Oct Fall Break No School |
| 16-Oct Fall Break No School | 17-Oct Ham & Cheese Melt or Chicken Nuggets French Fries Veggie Salad Cookie | 18-Oct Beef Teriyaki or Orange Chicken Rice Veggie Egg Roll Yogurt | 19-Oct Pulled Pork Sandwich or BBQ Chicken Sandwich Tater Tots Coleslaw Brownie | 20-Oct Macaroni & Cheese or Cheese Ravioli w/Beef Sauce Salad Garlic Toast Side Item |
| 23-Oct Reuben or Chicken Tenders French Fries Coleslaw Cookie | 24-Oct Beef Barley Soup or Chicken Noodle Soup Veggies & Ranch Apple Slices Chocolate Pudding | 25-Oct Pepperoni Flatbread Pizza or Cheese Flatbread Pizza Salad Side Item | 26-Oct Parent/Teacher Conferences 1/2 Day - No Lunch | 27-Oct Parent/Teacher Conferences No School |
| 30-Oct Grilled Hamburger or Chicken Nuggets French Fries Salad Cookie | 31-Oct Chili Cheese Tots or Popcorn Chicken Salad Side Item Apple Slices | 1-Nov or | 2-Nov or | 3-Nov or |

October Grab & Go Option - \$7.50 Caesar Chicken Tenders Salad

Chicken tenders, romaine lettuce, veggies, cheese stick, bacon, parmesan crisps, cookie & dressing choice.

Grab & Go Option - MS/HS Students only - \$7.50 Asian Noodle Bowl

Includes choice of noodle bowl, veggies, fruit, cheese stick, chips and cookie.

Ready-to-Go @ 7:50 Breakfast Snack Option - lunchtime, too.

Bring cash or some change to the library.

Oct. Option - Jimmy Dean Sausage Sandwich - \$4.25

Pilsbury Bagel with Strawberry Cream Cheese, Chobani Yogurt- \$1.50

Veggies & Ranch, Gogurt, or Cheese & Crackers - \$1.00

Fresh Fruit - \$0.75 Milk - \$0.50