

## **Heritage Christian Middle School Cross Country – 2022**

Updated 6/7/22

Mon Aug 15: First Formal Practice

Sat Aug 20: Lobo Invitational – Spring Canyon Park

Sat Aug 27: John Martin Invitational – Fort Collins HS

Th Sept 1: NCIL #1

Th Sept 8: Wolverine Invitational (Frontier) Monfort Park, Greeley

Fri Sept 16: St Vrain Invitational – Lyons HS

Fri Sept 23: Long's Peak Invitational – Lake Estes 9-Hole Golf Course

Tu Sept 27: Runners' Roost Invitational – Adams County Regional Park

Fri Sept 30: Loveland Sweetheart – North Lake Park, Loveland

Fri Oct 7: NCIL Championship

Sat Oct 22: Northern CO MS Championship – Lyons HS